


35th Annual

In co-sponsorship with
Charleston Area Medical Center
Duke University Division of Cardiology

Focus on:

Anti-Platelet Therapy
 Atrial Fibrillation
 Congenital Heart Disease
 Congestive Heart Failure
 Lipids
 Out-Patient Clinic Management
 Peripheral Vascular Disease
 Percutaneous Valve Replacement/Repair
 Sudden Cardiac Arrest
 Surgical – Non-Surgical Treatment Strategies
 Valvular Disease

Program Co-Directors:

Aravinda Nanjundappa, MD
 Professor of Medicine
 Robert C. Byrd Health Sciences Center of
 West Virginia University/Charleston Division
 Charleston Area Medical Center
 Charleston, WV

L. Kristin Newby, MD, MHS
 Professor of Medicine, Cardiology
 Co-Director, Duke Cardiac Care Unit
 Duke University Medical Center
 Durham, NC

Program Directors – Emeritus:

William H. Carter, MD, FACC
 Professor of Medicine,
 Robert C. Byrd Health Sciences
 Center of WVU/Charleston Division,
 Department of Cardiovascular Medicine,
 Charleston Area Medical Center,
 Charleston, WV

Christopher B. Granger, MD, FACC, FAHA
Professor of Medicine
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Duke University Medical Center,
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Faculty:

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 Associate Professor of Medicine
 Duke University Medical Center
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 Durham, NC

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 Medical Director of the Heart Valve Center
 Mount Sinai Hospital
 New York, New York

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 Professor of Medicine
 Division of Cardiovascular Medicine
 Director, Cardiac Diagnostic Unit
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D. Scott Lim, MD
 Associate Professor of Pediatrics and Medicine
 Medical director of the UVA Advanced Cardiac Valve
 Center
 University of Virginia
 Charlottesville, VA

Bruce Lytle, MD
 Thoracic and Cardiac Surgeon
 Cleveland Clinic
 Cleveland, Ohio

Cardiovascular Conference at Snowshoe



Jan. 29-31, 2016
 Mountain Lodge Conference Center
 Snowshoe, WV

Program Overview and Description

This will be the 35th midwinter cardiovascular conference held at Snowshoe and will be co-sponsored by CAMC Health Education and Research Institute and Duke University Division of Cardiology. The conference is designed to assist the physician caring for adult patients with complex cardiac problems and traditionally has dealt with the various difficult management problems that occur in patients with cardiovascular disease.

Evening “Meet the Experts” sessions will provide opportunities for informal discussions among attendees and speakers. In response to evaluation requests, more opportunities for case reports and discussion have been included. An audience response system is utilized with this program and has been received with much enthusiasm by previous course participants. This program is designed for cardiologists, internists, family practitioners, hospitalists, and emergency medicine practitioners, as well as nurse practitioners and physician assistants. **The course is limited to 120 participants.**

Objectives

Upon completion of this program, attendees should be able to:

- List management strategies for common cardiac emergencies
- Evaluate recent results of percutaneous valve repair/replacement
- Demonstrate knowledge of pre-operative and post-operative procedures of the cardiac patient
- Appreciate issues in lipid management
- Cite common congenital heart disease interventions
- Express complex areas in management of valvular disease
- Debate anticoagulation management options for atrial fibrillation
- Review in detail, rate, rhythm and implantable device options for atrial fibrillation
- Detail inpatient and outpatient management issues in heart failure
- Report diagnosis and management of cardiac infections

SCHEDULE
Friday, Jan. 29, 2016 – P.M. session

3:00 pm	On-site Registration (Conference Center) Exhibit Visitation
3:55 pm	Welcome Moderator: L. Kristin Newby, MD
4:00 p.m.	Community Education and Reducing Disparities in Sudden Cardiac Arrest (SCA) Treatment James G. Jollis, MD
4:20 p.m.	Evaluating Chest Pain in the ED – Will High Sensitivity Troponin Help or Hurt US? L. Kristin Newby, MD
4:40 p.m.	Cardiac Emergencies in Trauma Patients – Expected and Unexpected Events James G. Jollis, MD
5:00 p.m.	Outpatient Clinic Management – Strategies to Improve Adherence to Chronic Medications Bradi B. Granger, PhD, MSN, RN, FAAN
5:20 p.m.	Does Every A-Fib Patient Have to be Admitted to the Hospital? Sana M. Al-Khatib, MD, MHS
5:40 p.m.	Heart Failure Disease Management Clinic - Learning from the Duke Experience Bradi B. Granger, PhD, MSN, RN, FAAN
6:00 p.m.	Meet the Experts 1) Limiting Risks to the Patient/Community James G. Jollis, MD 2) Outpatient Chronic Disease Management Bradi B. Granger, PhD, MSN, RN, FAAN 3) A-Fib Evaluation in the ED Sana M. Al-Khatib, MD, MHS
6:45 p.m.	Session Adjournment

Schedule continued on back

Registration Form

35th Cardiovascular Conference at Snowshoe

Jan. 29-31, 2016

MD DO PhD RN Other (specify) _____

Last Name/First Name/Middle Initial _____

Address _____

City/State/Zip _____

Office Telephone _____

Office Fax _____

E-mail address _____

What is your primary medical specialty? (Check one)

Adult Cardiology Pediatric Cardiology CV Surgery Internal Medicine

Pharmacology Radiology Family/General Other (specify) _____

Location

Snowshoe, West Virginia's big mountain resort, offers some of the best big mountain skiing in Eastern America. With over 220 acres spread over 57 slopes and trails, Snowshoe features skiing for the expert, intermediate and novice skier, as well as snow tubing and terrain parks. The professionally staffed ski school provides quality instruction for all levels of ability including a children's program. Snowshoe offers 14 quad lifts including 3 high speed quad lifts and 7 triple lifts, increased snowmaking capabilities, and night skiing.

Snowshoe is located in West Virginia on U.S. 219 just 42 miles south of Elkins and 65 miles north of Lewisburg. The Elkins airport is located 60 minutes away and offers limited daily commuter flights to and from Pittsburgh. The airport in Lewisburg, W.Va. is 90 minutes away and offers flights daily from Charlotte, Pittsburgh and Washington.

For more resort skiing and travel information, the Customer Services Department will forward a brochure package upon request. Contact Customer Services, (304) 572-1000, ext 183 or visit the Snowshoe website at www.snowshoemtn.com

Cardiovascular Conference at Snowshoe

All sessions will be held at the Mountain Lodge Conference Center, Snowshoe, W. Va.

Meeting room locations will be provided on site. Meeting site telephone: (304) 572-1000.

Views expressed in this program are those of the individual speaker and do not necessarily reflect views of the course sponsors.

SCHEDULE CONTINUED

Saturday, Jan. 30 - A.M. session

Moderator: William H. Carter, MD

7:30 a.m. Identifying Patients Needing Aortic Valve Therapy
D. Scott Lim, MD

7:50 a.m. Percutaneous Valve Replacement – A Surgeon's Perspective
Bruce Lytle, MD

8:10 a.m. Transcatheter Mitral Valve Repair
D. Scott Lim, MD

8:20 a.m. When is a Patient too Old for CABG?
Bruce Lytle, MD

8:40 a.m. Infections, "Nasty Bugs" and the Cardiac Patient – What Do We Treat – What Do We Manage?
Blasé A. Carabello, MD

9:00 a.m. Common Interventions for Congenital Heart Disease
D. Scott Lim, MD

9:20 a.m. Panel Discussion

9:40 a.m. Session Adjournment

Saturday, Jan. 30 - P.M. session

Moderator: Christopher B. Granger, MD

4:00 p.m. What's New in Heart Failure? Oral Agents?
Christopher B. Granger, MD

4:20 p.m. What's New in Pre-Operative Care of the Cardiovascular Patient?
Blase A. Carabello, MD

4:40 p.m. Challenging Issues in Lipid Management – What's New from a Medical Perspective?
Michael A. Blazing, MD

5:00 p.m. Coronary Artery Disease – Bypass or Stent – Which Patient – Which Procedure?
Bruce Lytle, MD

5:20 p.m. Statin Intolerance – How Big a Problem Is It and How do I Manage My Symptomatic Patients?
Michael A. Blazing, MD

5:40 p.m. Dual Anti-Platelet Therapy – How Long Should My Patient Be Treated?
L. Kristin Newby, MD, MHS

6:00 p.m. Meet the Experts
1) Heart Failure
Christopher B. Granger, MD; L. Kristin Newby, MD

2) Lipid Management
Michael A. Blazing, MD

3) Valvular/Surgical Interventions
Blasé Carabello, MD; Bruce Lytle, MD

Sunday, Jan. 31 – A.M. session

Moderator: Aravinda Nanjundappa, MD

7:30 am Initial Drug of Choice for Stroke Prevention in Atrial Fibrillation Patients
Christopher B. Granger, MD

7:50 a.m. Use of Rate and Rhythm Control Drugs in Atrial Fibrillation Patients
Younger than Age 65
Sana M. Alkhatib, MD

8:10 a.m. Peripheral Vascular Disease – What's New?
Aravinda Nanjundappa, MD

8:30 a.m. Follow-up of Patients with New Cardiovascular Implantable Electronic Devices – Recommendations
Sana M. Alkhatib, MD

8:50 a.m. Indications for Valve Replacement/Valvular Surgery
Blasé A. Carabello, MD

9:10 a.m. Controversies in Clinical Care - Case Studies -Oral Anticoagulants for Atrial Fibrillation
Christopher B. Granger, MD

9:30 a.m. Panel Discussion

10:00 a.m. Evaluation and Adjournment

Please check your tuition category.

Payment received: Please register by Jan. 22 to assure placement in this course.

All physicians \$550

Reduced fees* \$450

*Fellow in training *Resident *Nurse

*Physician assistant *Other

Payment must accompany application.

Method of payment:

Please use ONE of these methods to register:

Check payable to CAMC Institute

U.S. dollars drawn on a U.S. bank

MasterCard Visa

Cardholder's name _____

Card # _____

Expiration date _____

Please use ONE of these methods to register:

(DO NOT MAIL IF PREVIOUSLY FAXED OR TELEPHONED)

Mail application and payment to:

CAMC Institute
3110 MacCorkle Ave. SE
Charleston, WV 25304

Telephone: (304) 388-9960

E-mail: institute@camc.org

Register online: www.camcinstitute.org

Fee

Your registration fee will be confirmed by mail. The registration fee includes daily continental breakfasts, luncheons on Friday and Saturday and the course syllabus materials. Please register by Jan. 22, 2016 to assure placement in the course.

Cancellations

Cancellation is allowed if written cancellation is received at least one week prior to the scheduled course. A full refund minus a \$100 processing fee will be given for written cancellations received less than one week before the first day of the program. No refund will be given for no-shows.

In the unlikely event that the program is cancelled, CAMC Health Education and Research Institute will refund the registration fee in full, but is not responsible for any travel or hotel costs you may incur.

Credit

This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint providership of CAMC Health Education and Research Institute and the Duke University Division of Cardiology. The CAMC Health Education and Research Institute are accredited by the ACCME to provide continuing medical education for physicians.

Physicians -The CAMC Health Education and Research Institute designates this live activity for a maximum of 10.5 hours AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity

Nurses - The CAMC Health Education and Research Institute is an approved provider of continuing nursing education by West Virginia Nurses Association (AO-212), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. The conference is approved for a total of 10.5 contact hours PO15-17-15965 hours- Expiration date is 2 years from conference date.

Lodging

To secure your room at the Mountain Lodge Conference Center, please call 877-441-4386 and state that you will be attending the Cardiovascular Conference at Snowshoe program—Reservations Group Number 5149AU; two plus nights are required to receive the following room rates. At Mountain Lodge (conference location), the room rate is \$186 per night for a one-bedroom suite with kitchen and \$286 per night for a two-bedroom suite with kitchen. Additional lodging is available in Snowshoe's Rimfire Lodge; junior studios are available for \$209, studios are available for \$195 per night and one-bedroom suites are \$259 per night. You may also ask the reservations staff about available lodging in Allegheny Springs and Seneca where additional rooms are blocked. **Hotel reservations must be made by Dec. 16, 2015. Group rates apply for three days pre- and three days post-conference (subject to availability). Minimum of two night stay is required to receive group discounted rates.**

We encourage participation by all individuals. If you have a disability, advance notification on any special needs will help us better serve you.

Parking*

Please note: Mountain Lodge guests can park free at the Mountain Lodge parking facilities. Guests not staying at the lodge can also park free in the Snowshoe General Parking lot located at the "Top of the World" - Check In location. A free shuttle service is provided to the Mountain Lodge Conference Center.

Non-lodging guests or resort guests not lodging at Mountain Lodge choosing to park at the Mountain Lodge Conference Center will be charged a \$10 parking fee.

Acknowledgments

At the time of this printing, a complete list of industry sponsors was not available. Appropriate acknowledgment will be given to all sponsors at the time of the conference.

Disclosure

It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II credit must disclose any financial interest or other relationship (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be discussed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee member disclosure information will be available on-site.